



Early ACCESS
Wednesday Wonders
August 21, 2019
Vol. 52, No. 101



Welcome to the Early ACCESS (EA) Wednesday Wonders! The purpose of this newsletter is to have a consistent, predictable way for EA stakeholders to stay current on happenings as well as share information with other stakeholders such as practical advice, training announcements, video clips, and/or success stories. It is a newsletter for stakeholders, by stakeholders. Please let me know if you have something you would like to contribute or have suggestions or comments at: melissa.schnurr@iowa.gov

To view archived Wednesday Wonders, visit the Iowa Family Support Network [website](#).

Knowing is not enough; we must apply. Willing is not enough; we must do. – Johann Wolfgang von Goethe

Wondering about FGRBI?

Coaching Strategies within Family Guided Routines Based Intervention:

One of the key components of [FGRBI](#) is coaching the family. [This document](#) provides an overview of each coaching strategy along with examples. Early ACCESS providers in Iowa have been shifting their early intervention practice to include coaching families since 2013 via the [Distance Mentoring Model](#).

Wondering about Service Coordination?

New Webinar for Iowa SCs on Medicaid Waivers:

On Monday, August 19, 2019, Lynn Park from [Child Health Specialty Clinics](#) shared her expertise (aka insider tips) on Medicaid waivers. In addition, prior to the webinar, SCs submitted questions about Medicaid, in general, and the responses are included in the spreadsheet in this [Google folder](#) (the recorded webinar is also in the folder). All webinars for 2019-2020 will be housed in this [folder](#). I highly recommend taking 1 hour to view the recording – it was full of helpful information. If you have questions about Medicaid waivers, contact Lynn at lynn-park@uiowa.edu.



In case you were wondering....

Family Resources from the National Center for Pyramid Model Innovations:

This infographic ([Help Us Have a Good Day! Positive Strategies for Families](#)) is the first in a series of tips for families. Early care and education and family support programs are encouraged to download the infographic to use in their social media to families or repost on their web site. See them all on the [Family Engagement page](#). Available in the following versions:

- English ([PDF](#)) ([Image](#))
- Spanish ([PDF](#)) ([Image](#))

Early ACCESS Vision: Every infant and toddler with or at risk for a developmental delay and their families will be supported and included in their communities so that the children will be healthy and successful.

DREME Offers Free Resources for Supporting Math Development:

Have you discovered the DREME Network? The DREME Network was created in 2014 to advance the field of early mathematics research and improve young children's opportunities to develop math skills. The Network focuses on math from birth through age eight years, with an emphasis on the preschool years. Network members and affiliates collaborate to conduct basic and applied research and develop innovative tools that address high-priority early math topics and inform and motivate other researchers, educators, policymakers and the public. Go to the Network [website](#) to gain access to resources, publications, blog posts, and more!

Helping Babies Deal With Emotions:

Do you know how to help an infant cope with their emotions? New research offers some clues. Researchers studied 135 moms, dads, and babies and found when parents used an approach of talking called "mind-mindedness," their babies had better emotional regulation at 12 months. Mind-mindedness techniques involve acknowledging and verbalizing an infant's emotions. Comments like, "You want daddy to pick you up," "You're excited to play," and "You don't like it when mommy does that" are examples. More information about helping babies deal with emotions and supporting videos can be found at <https://www.childtrends.org/videos/help-your-baby-deal-with-emotions>.

Something wonderful is happening....

FREE Webinar from DEC Early Intervention Community of Practice (Open to Non-Members):

Mark your calendar for Thursday, September 5th from 11:00-12:30 p.m. CDT for the next DEC EI CoP webinar! This webinar, "Harness Sensory Preferences to Guide Everyday Life: Everybody Wins!" will feature Winnie Dunn, Ph.D., OTR/L, FAOTA, Distinguished Professor of Occupational Therapy at the University of Missouri. Dr. Dunn is recognized as the leading authority on sensory processing and is the author of The Sensory Profile and Living Sensationally: Understanding Your Senses as well as numerous journal articles. Dr. Dunn is an engaging and dynamic speaker. Her one-hour presentation will be followed by a thirty-minute moderated Q&A session. Go to the [DEC EI CoP Meetings & Events](#) page to register.

Webinar to Review Enhanced Early Childhood Iowa Strategic Plan:

On Thursday, [September 5, 2019 from 9:30 am to 10:30 am](#), ECI will host a webinar for stakeholders to review the enhanced 2019-2022 ECI Strategic Plan. The strategic plan will incorporate stakeholder feedback collected within 2019 from families, early childhood providers, state-wide focus groups, surveys, existing needs assessments, and the integrated data system.

For more information about Early Childhood Iowa, visit: <https://earlychildhood.iowa.gov>

For more information about Early ACCESS, visit: www.iafamilysupportnetwork.org or contact:

Cindy Weigel, Early ACCESS State Coordinator
Iowa Department of Education
Bureau of Learner Strategies & Supports
Des Moines, IA 50319
Phone 515-314-9396
Email cindy.weigel@iowa.gov

or Melissa Schnurr, CSPD Consultant
Iowa Department of Education
Bureau of Learner Strategies & Supports
Des Moines, IA 50319
Phone 515-419-9471
Email melissa.schnurr@iowa.gov