



Early ACCESS
Wednesday Wonders
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Welcome to the Early ACCESS (EA) Wednesday Wonders! The purpose of this newsletter is to have a consistent, predictable way for EA stakeholders to stay current on happenings as well as share information with other stakeholders such as practical advice, training announcements, video clips, and/or success stories. It is a newsletter for stakeholders, by stakeholders. Please let me know if you have something you would like to contribute or have suggestions or comments at: melissa.schnurr@iowa.gov

To view archived Wednesday Wonders, visit the Iowa Family Support Network [website](#).

Never give up, for that is just the place and time that the tide will turn. – Harriet Beecher Stowe

Wondering about FGRBI?

An Early Interventionist Reflects on the Shift to Using a Coaching Model:

This [video](#) has been posted for a few years and it is good to go back and listen to providers share why they are putting in the work to shift their practice to what evidence says gets the best results for children and families. It features an Early ACCESS early interventionist reflecting on her participation in the [Iowa Distance Mentoring Model](#) (the professional development model used in Iowa since 2013 to scale-up family guided routines based interventions and caregiver coaching), how she made the shift to using a coaching model with families, and what she likes about using it.

Wondering about Service Coordination?

Weathering the Storm – How Service Coordinators Manage Difficult Situations:

This [article](#) from Virginia's Early Intervention Strategies for Success blog highlights the difficult work of service coordinators as conflict managers and provides some helpful tips for navigating these situations. There are a number of thought-provoking comments at the end of the article as well.



In case you were wondering....

According to Science, There's No Such Thing as Holding a Baby Too Much:

[Research](#) now says you can't hold a baby too much. In fact, the more you snuggle with a baby, the better off they'll be. The importance of touch in a baby's development cannot be overstated, and the latest research suggests that holding a baby is more crucial to brain development than previously assumed.

Early ACCESS Vision: Every infant and toddler with or at risk for a developmental delay and their families will be supported and included in their communities so that the children will be healthy and successful.

Do You Have a Child Who Is a Picky Eater?

Developmental psychologists say it's important to offer options, but also to immerse a child in the process. [Researchers](#) had 64 kids make their own salad or dessert. The researchers then offered them a choice between the food they made or a similar item. "If they made the salad, they ate more of the salad that they personally made, as opposed to a different salad," detailed Jasmine DeJesus, PhD, a developmental psychologist at UNC Greensboro. DeJesus said this suggests that preparing the food can influence what a child eats. She suggests making meals that kids can assemble.

Something wonderful is happening....

Power to the Professional Wants Your Input:

The Power to the Profession National Task Force is excited to share the next decision cycle draft for review and response: [Decision Cycles 7 + 8](#). These Decision Cycles address the resources, infrastructure, and accountability structures needed across states and systems to support a prepared, diverse, well-compensated early childhood education profession. [Complete the survey](#) by September 13, 2019.

Early Care & Education Fall Institute Pre-Institute Workshops + Early Bird Ends TODAY:

Take a deeper dive into a topic of your choice for a full day of learning with pre-institute workshop sessions. Choose from five sessions offered on Thursday, October 3. Six hours of training credit will be available. Click each workshop title below to learn more about the session. Click [HERE](#) to register!

[A\) Business & Financial Fundamentals for Center-Based Child Care Programs](#)

Sponsored by First Children's Finance

[B\) Engaging All Learners in STEM Learning Experiences](#)

Sponsored by University of Northern Iowa

[C\) Inspiring Professional Growth: Leadership Strategies to Guide, Motivate, and Engage Early Childhood Educators](#)

Sponsored by United Way of Central Iowa

[D\) Introduction to Conscious Discipline](#)

Sponsored by the Iowa Head Start Association

[E\) Trauma-Informed Care and Early Childhood-Positive Behavioral Interventions and Supports \(EC-PBIS\)](#)

Sponsored by the Iowa Department of Education.

And register for the full Institute (Oct 4-5) by today, **September 4** to receive up to \$70 off your registration fee. Don't forget to utilize your NAEYC member discount – see page 12 of our registration booklet for step-by-step instructions. Click [HERE](#) to register!

For more information about Early Childhood Iowa, visit: <https://earlychildhood.iowa.gov>

For more information about Early ACCESS, visit: www.iafamilysupportnetwork.org or contact:

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