



Early ACCESS  
Wednesday Wonders  
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Welcome to the Early ACCESS (EA) Wednesday Wonders! The purpose of this newsletter is to have a consistent, predictable way for EA stakeholders to stay current on happenings as well as share information with other stakeholders such as practical advice, training announcements, video clips, and/or success stories. It is a newsletter for stakeholders, by stakeholders. Please let me know if you have something you would like to contribute or have suggestions or comments at: [melissa.schnurr@iowa.gov](mailto:melissa.schnurr@iowa.gov)

To view archived Wednesday Wonders, visit the Iowa Family Support Network [website](#).

*Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less.*  
– Marie Curie

## Wondering about FGRBI?

### Coaching Strategies Used Within Family Guided Routines Based Intervention (FGRBI):

Early interventionists in Iowa use a variety of general and specific coaching strategies to support caregiver implemented intervention in families' everyday routines and activities. [This document](#) provides the operationalized definition and examples of each strategy.

## Wondering about Service Coordination?

### Promoting Self-Care – Setting Boundaries and Expectations:

This [12 minute video resource](#) from the Illinois [Early Intervention Training Program](#) reviews ways that service coordinators can set boundaries and expectations to effectively manage all the tasks for which they are responsible.



## In case you were wondering....

### FREE Resource - Early Childhood Recommended Practices Modules (RPMs):

The [RPMs](#) are free modules developed for early care and education, early intervention, and early childhood special education faculty and PD providers. Each module supports the use of one of seven of the [DEC Recommended Practice](#) topic areas (interaction, transition, environment, teaming & collaboration, family, instruction, and assessment). They are interactive, multimedia and can be easily accessed, downloaded, and embedded in part or whole. Each module includes learning objectives, activities, videos, assignments, dilemmas, and more. The components are designed for the flexible use of individual parts or whole sequences. An [instructor area](#) offers supports and learning guides for each module. A video [introduction](#) on navigating the modules is available.

*Early ACCESS Vision: Every infant and toddler with or at risk for a developmental delay and their families will be supported and included in their communities so that the children will be healthy and successful.*

### **New Center of Excellence for Infant & Early Childhood Mental Health Consultation (IECMHC):**

The [Center of Excellence](#) (CoE) is now officially launched and open for IECMHC TA! Watch [the video](#) (less than 2 minutes) to learn about the CoE. The CoE for IECMHC is a national technical assistance center dedicated to the advancement and impact of the field of IECMHC through training, technical assistance, and resource development.

### **Using Screens with Young Children – Think Again:**

The brains of toddlers resist learning from screens, even video chats, according to [research recently published](#) in *Frontiers of Psychology*. Having a responsive adult communication partner present can help. Previous research has shown that unlike older children, infants, and toddlers need responsive, face-to-face encounters with real, live humans in order to learn new information. In addition to this study, the *Today Show* featured a [JAMA Pediatrics article](#) that had concerning findings about digital devices and the developing brains of young children. Finally, [Zero to Three](#) has several [resources related to using technology](#) with young children.

### **Something wonderful is happening....**

#### **Free Webinar – Program-Wide Implementation of Pyramid Model Practices in Early Intervention/Part C:**

The National Center for Pyramid Model Innovations has developed a framework, practices and tools to support implementation of the Pyramid Model by Part C, Early Intervention programs. [This webinar](#) (on **December 5 at 2-3pm CT**) describes the framework, critical elements, practices, and fidelity tools that can be used to support program-wide implementation and early interventionists' practices. **The early interventionists' practices are focused on building families' confidence and competence in supporting their child's social emotional development.** This webinar may be helpful for Part C state leaders, program leaders, and early interventionists to identify which program wide elements are already in place, which Pyramid Model practices their staff are already using well, and next steps for their programs or individual goals. You must [register](#) to attend; if you are unable to attend live, the **recording will be posted** on the registration page by December 7.

For more information about Early Childhood Iowa, visit: <https://earlychildhood.iowa.gov>

For more information about Early ACCESS, visit: [www.iafamilysupportnetwork.org](http://www.iafamilysupportnetwork.org) or contact:

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