Welcome to the Early ACCESS (EA) Wednesday Wonders! The purpose of this newsletter is to have a consistent, predictable way for EA stakeholders to stay current on happenings as well as share information with other stakeholders such as practical advice, training announcements, video clips, and/or success stories. It is a newsletter for stakeholders, by stakeholders. Please let me know if you have something you would like to contribute or have suggestions or comments at: melissa.schnurr@iowa.gov

To view archived Wednesday Wonders, visit the Iowa Family Support Network website.

*Our lives begin to end the day we become silent about things that matter.* – Martin Luther King Jr.

**Wondering about Early Intervention?**

**Universal Online Part C EI Curriculum:**

Three curriculum components (Mission and Key Principles, Foundational Pillars of Early Childhood Intervention, and Authentic Assessment in Early Childhood Intervention) are currently available, each of which reflects the latest DEC Recommended Practices. Narrated asynchronous, online, interactive content with embedded videos and learning activities, and the original PowerPoint files with scripted notes, are available on each topic. Each package provides a Facilitator’s Information Guide that provides guidance for using the materials, extended learning opportunities, and supplemental resources, along with activities to help assess a learner’s knowledge.

**In case you were wondering….**

**A Guide to Toxic Stress:**

Chances are, you’ve heard or read something about toxic stress—maybe from the media, from a physician or other medical professional, or from a family member, friend, or neighbor. You may feel overwhelmed by all of the toxic stress information out there. And, unfortunately, it’s very easy to find misleading or incorrect information. The Center on the Developing Child created this Guide to Toxic Stress to clear up the confusion and help you learn the facts about toxic stress step by step.

**Resources to Support Executive Function:**

Consider your daily routine. Do you have to schedule appointments? Remember instructions from your supervisor? Juggle multiple tasks at once? **Executive function** and self-regulation are the mental processes that help us accomplish our daily tasks. The Center on the Developing Child created a guide that includes videos, research, evidence-based practices and more to help you understand executive function.

*Early ACCESS Vision: Every infant and toddler with or at risk for a developmental delay and their families will be supported and included in their communities so that the children will be healthy and successful.*
and self-regulation, the science behind these mental processes, and how we can help children and adults build these skills. These are also excellent resources for faculty members, PD providers, and supervisors who are looking for tools to explain the components of executive function to others.

**CDC App Now Available in Spanish:**
The Centers for Disease Control and Prevention is pleased to announce that its free app, the Milestone Tracker, is now available in Spanish! This mobile app is part of a suite of free, family-friendly materials available through the program Learn the Signs. Act Early.

**Something wonderful is happening....**

**University of Iowa Study on Autism Seeking Participants:**
If you are aware of any children who have an Autism Spectrum Disorder, who are between 18 months and 6 years - 11 months of age, who engage in problem behaviors, who live in Iowa in an area that has access to high-speed internet, and whose family might be interested in the project, please have the family contact Todd Kopelman by phone or email at 319-356-2491 or Todd-Kopelman@uiowa.edu.

**Implementing the Dual Language Learners Program Assessment (DLLPA) - A Closer Look Webinar Series:**
In August 2018, the Office of Head Start launched the DLLPA. It helps Head Start, child care, and pre-K programs assess their systems and services to ensure the full and effective participation of children who are DLLs and their families. The Introducing the DLLPA webinar provides an overview of how to use the assessment tool. This new series, held January–April 2019, offers a closer look at implementing the DLLPA. Explore implementation, management systems, and program service delivery strategies that reflect the coordinated approach required in Head Start.

Webinar 1 on January 23, 2019 from 1-2:30pm CT (register here) focuses on how a management systems approach can form an effective foundation for implementing the DLLPA and planning a coordinated approach to services for DLLs and their families. Examples demonstrate how, as a data collection tool, the DLLPA identifies strengths and areas for growth in each of the identified management systems areas. Save these dates for future webinars: February 19 @ 1-2:30; March 7 @ 2-3:30; April 9 @ 2-3:30.

For more information about Early Childhood Iowa, visit: [https://earlychildhood.iowa.gov](https://earlychildhood.iowa.gov)

For more information about Early ACCESS, visit: [www.iafamilysupportnetwork.org](http://www.iafamilysupportnetwork.org) or contact:

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