



Early ACCESS
Wednesday Wonders
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Welcome to the Early ACCESS (EA) Wednesday Wonders! The purpose of this newsletter is to have a consistent, predictable way for EA stakeholders to stay current on happenings as well as share information with other stakeholders such as practical advice, training announcements, video clips, and/or success stories. It is a newsletter for stakeholders, by stakeholders. Please let me know if you have something you would like to contribute or have suggestions or comments at: melissa.schnurr@iowa.gov

To view archived Wednesday Wonders, visit the Iowa Family Support Network [website](#).

Write it on your heart that every day is the best day in the year. –Ralph Waldo Emerson

Wondering about FGRBI?

A Home Visit with Hailey's Family - Learning to Coach with FGRBI:

In this [video](#) (10:55), a FIT (New Mexico) early intervention home visitor describes her work with Hailey and her parents who are both military personnel. She describes how she has made the transition to using a coaching approach and the benefits of coaching and Family Guided Routines Based Intervention (FGRBI).

Wondering about Service Coordination?

Resources to Help With Balancing SC's Workloads:

Service coordinators have a lot of responsibilities with team members, including families. Resource modules for Service Coordinators developed by [Early Intervention Training Program \(EITP\) at the University of Illinois](#) include several mini courses within a module on [Balancing Projects and Priorities](#) to provide strategies for finding balance, including:

[Let's Get Organized!](#) (5 min 5 sec)

[Favorite Organizational Tips](#) (14 min 3 sec)

[Prioritizing and Organizing Time Sensitive Activities](#) (16 min 8 sec)

[Setting Boundaries and Expectations](#) (12 min 13 sec)

[Maximizing Productivity](#) (14 min 38 sec)

[Taking Care of You!](#) (11 min 50 sec)



In case you were wondering....

New Video - Inclusion Today, Community Living for Life:

The [latest issue of the US Administration for Community Living's blog](#) features a [video](#) depicting the Harry and Jeanette Weinberg Child Development Center's inclusive early childhood program. The video's narration during classroom visits and meetings with staff and family members explains how the program operates and its impact on families of children with disabilities.

Early ACCESS Vision: Every infant and toddler with or at risk for a developmental delay and their families will be supported and included in their communities so that the children will be healthy and successful.

Toddlers Need More Laps Than Apps:

In a December 2018 [interview with leading pediatrician, Dr. Dimitri Christakis](#), Director of the Center for Child Health, Behavior and Development at Seattle Children's Hospital, he explains that toddlers are depending more and more on screens for self-soothing. When toddlers are left on their own with the device, they are "missing out on those critical human interactions" during a vulnerable period of brain development. He states that "toddlers need laps more than apps" and promotes the [recommendation](#) of the American Academy of Pediatrics to avoid digital media use for children under age 2.

Lullabies of the World:

Looking for international lullabies? The European Choral Association offers free access to recordings, scores, sing-alongs, and pronunciation of the lyrics. [Search](#) by 40 languages or dialects to find a song to soothe.

Something wonderful is happening....

Early Childhood Iowa Stakeholder Alliance Meeting:

Does your work relate to children ages birth to five years in Iowa? If so, you are invited to attend the [Early Childhood Iowa](#) Stakeholder Alliance meeting on February 12, 2019 from 8:45am-12:30pm at the Fred Maytag II Scout Center (6123 Scout Trail, Des Moines). For more details and to register, please visit the Early Childhood Iowa [website](#).

FREE Webinar to Learn About the Institute for the Advancement of Family Support Professionals:

The Early Childhood Iowa [Quality Services & Programs](#) (QSP) Leadership group would like to invite you to be a part of the first in a series of learning communities. QSP plans to offer one highlighted program or project via webinar on a quarterly basis and our first will be held on **Thursday, February 21st at 1pm** via zoom and will highlight the [Institute for the Advancement of Family Support Professionals](#), often times referred to as The Institute! We recognize that many early childhood professionals offer family supports in numerous ways without a designated "family support worker" title. This webinar is for ALL early childhood professionals who would like to be able to increase their professional development skills in working with parents and children AT NO COST! Join the zoom meeting using this link: <https://zoom.us/j/5308923781> or this phone number and meeting ID: 1-646-876-9923 (ID: 530 892 3781)

For more information about Early Childhood Iowa, visit: <https://earlychildhood.iowa.gov>

For more information about Early ACCESS, visit: www.iafamilysupportnetwork.org or contact:

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