

Quarterly Connection

The Iowa Family Support Network serves as a central point of contact to help parents and providers connect to Early ACCESS, Family support, and Group Based Parent Education Services for children ages 0-5 and their families across the state of Iowa.

The IFSN Quarterly Connection helps keep you connected and provides information that may be informative and beneficial to the families and clients you serve.

Snow Globe Craft

Supplies needed:

- Colored construction paper
- Shaving cream
- Paint brush
- Glue
- Scissors



Snow Globe Winter Craft Instructions:

Step 1: First, make the puffy paint by mixing equal parts of shaving cream and glue in a bowl

Step 2: Next, cut out the shapes for the snow globe, tree and tree decor

Step 3: Then, glue the tree to the snow globe and any shapes you want to glue onto the tree

Step 4: Lastly, take the puffy paint and paint on snow to the bottom of the snow globe and paint on snowflakes all around the globe

This craft activity is a great way to spend quality time with your child and encouraging them to engage in creative play.



UPCOMING EVENTS

January 6, 2023

Postpartum Group
9:00am - 10:30am
Virtual; to sign up email Dee at dshalondeur@cityofclive.com.

January 11, 2023

Library Storytime
10:30am -11:00am
Sioux City Public Library- Morningside branch
4005 Morningside Ave, Sioux City, IA 52240

January 23, 2023

Parenting Love and Logic Program
5:30pm - 7:30pm
Orchard Place PACE Center
620 8th St, Des Moines, IA 50309

February 2, 2023

Car Seat Fit Station
5:00pm - 7:00pm
Bob Brown Chevrolet
3600 111th St, Urbandale, IA 50322

February 14, 2023

Spanish Bilingual Storytime
10:30am -11:30am
Iowa City Public Library
123 South Linn St, Iowa City, IA 52240

To find more upcoming events in your area, visit the IFSN "EVENTS" tab at iafamilysupportnetwork.org

If you are a provider and would like your events listed on our website, please contact IFSN at iafamilysupportnetwork@everystep.org. Events may be parenting classes, conferences or other activities that providers and/or families of children ages 0-5 may be interested in attending.

Healthy Peanut Butter Cookies

Ingredients

- 1 large egg
- 1 cup of creamy peanut butter
- ¼ cup of oat bran
- ¼ cup of maple syrup



**These cookies are healthy and extremely easy to whip together with the kids as it only calls for four ingredients. This recipe is also gluten free and only calls for one bowl to stir the ingredients together and will be a simple clean-up.

For instructions, visit;

[Peanut Butter cookie recipe](#)

Children at Home Presentations

Our staff are available to present information about the Children at Home program, either in person or through a video feed. To schedule a presentation, please call us at 1-888-425-4371 or send an email to:

iafamilysupportnetwork@everystep.org

Children at Home Advisory Committee Members Needed

Would you like to make a difference in the life of a child with a disability? Children at Home is looking for individuals to join our advisory committee!

To learn more or to download an application, please visit:

www.iafamilysupportnetwork.org/children-at-home/advisory-board

Overwhelmed by childcare expenses? *Children at Home can help.*

If you have a child with a disability who is living at home and receives care from a registered childcare provider, you may be eligible for financial assistance.

The Children at Home Program has limited funds through **June 30, 2023** to help families with childcare expenses. Funds may be used to pay for:

- Full-time or part-time care by a center-based or home-based childcare provider (*care that takes place in your own home is not eligible*)
- One-on-one care
- Caretaker education and training that is specific to your child's disability
- Equipment that is needed for your child to attend
- Equipment that is needed by the provider to care for your child, such as an adult-sized changing table, adaptive stroller, etc.

Contact us today at (888) 425-4371 to see how much funding you could receive.



To apply for these limited funds, you must have an approved Children at Home application on file.