





Community Education Series

All presentations will be from 4-5 p.m. via Zoom. To register for these free classes and receive the zoom link, please email **learnwithus@childserve.org**.

February 15, 2023 - Individualized Education Program (IEP)

IEP is a plan that is developed for children who need special education. A representative from ASK Resource Center will present to parents and caregivers about the IEP process and what their role is.

April 19, 2023 - Management of Mental Health and Behavioral Issues in Adolescents and Adults with Autism

Adolescents and young adults on the Autism Spectrum can have behavioral problems that require solutions geared toward their specific needs. These behavior problems can range from sleep disorders to aggressive behaviors to problem sexual behaviors. Often, anxieties can result in perseverative, rigid, withdrawal or self-harming behaviors. Child*Serve* Pediatric Clinical Psychologist Suzanne Richards will present many of the common troubling symptoms that are associated with Autism Spectrum Disorder and discuss different strategies and modalities of treatment.

July 19, 2023 - Guardianship/Conservatorship

When children turn 18, they become legal adults with the right to make their own decisions. However, if an individual lacks the ability to make their own decisions, then someone else may need to help with decision making. What options do parents have to give their children as much independence as possible while keeping them safe? To help parents dive into these topics, Jennifer Donovan with the Office of Public Guardian will present on substitute decision making.

September 20, 2023 - Sensory 101

Sensory processing is a term you might have heard or read about, but what does it mean? For every child and family, sensory processing and sensory regulation can look different. Child Serve occupational therapists, Danielle Hubby, OTD, OTR/L, CEIM, and Katie McCabe, OTR/L, will present on what sensory processing is and how difficulties and differences in sensory regulation can impact children and young adults. They will present on common myths and misconceptions on sensory regulation, what signs to look out for and when to partner with healthcare professionals for extra support.

November 15, 2023 - Waiver 101

The lowa Home and Community-Based Services (HCBS) waiver programs are Medicaid programs that provide service funding and individualized supports to help your child and family be more successful in the community and home setting. There are currently four waivers that children are eligible for in lowa: Brain Injury (BI), Children's Mental Health (CMH), Health and Disability (HD) and Intellectual Disability (ID). Join this training led by Child*Serve*'s Director of Access and Care Coordination, Gaye Johnson, to learn if your child may be eligible and to better understand what the waiver program provides.



