mily Support Network

iafamilysupportnetwork.org 1-888-IAKIDS1 (1-888-425-4371)

Providing Care and Support to Iowa's Families and Children

rterly Connect

The Iowa Family Support Network serves as a central point of contact to help parents and providers connect to Early ACCESS, Family support, and Group Based Parent Education Services for children ages 0-5 and their families across the state of Iowa.

The IFSN Quarterly Connection helps keep you connected and provides information that may be informative and beneficial to the families and clients you serve.

Bumble Bee Wooden Craft

Supplies needed:

- Mini Popsicle sticks
- Milk or water jug
- Yellow and black paint
- Black marker
- Black and red paint pen •
- Paint brush
- Scissors
- Glue
- **Pipe cleaners**
- Googly eyes





Bumble Bee Wooden Craft Instructions:

Step 1: Glue about 7 popsicle sticks (or more depending on how big your child would like their bee to be) together to make the body of the bee Step 2: Next, paint every other popsicle stick yellow and the remainder black

Step 3: Then, cut the flat part of a clean milk or water jug into the shape of wings- you can use cardstock to trace the shape of the wing to ensure they are evenly cut out

Step 4 Next, cut two small pieces off from a pipe cleaner and twirl the ends, then glue on to the back of the bee

Step 5: Finally, glue on the googly eyes



UPCOMING EVENTS

April 3, 2023

Connection Support Group for Caregivers of Preschoolers with Special Needs Valley Community Center 4444 Fuller Rd, West Des Moines, IA 50265 **Register here**

April 15, 2023

Fi and Friends Autism Resource Fair 10:00am -4:00pm Horizon Events Center 2100 NW 100th St, Clive, IA 50325

April 22, 2023

14th Annual Autism Acceptance Walk Registration 1:00pm; Walk starts at 3:00pm WIT- 4647 Stone Ave, Sioux City, IA 51106 **Register here**

May 15, 2023

Movies in the Park 6:00pm at LeClaire Park 400 Beiderbecke Dr, Davenport, IA 52802

June 1, 2023

Reading Assistance Dogs 6:00pm -7:00pm **Bettendorf Public Library** 2950 Learning Campus Dr, Bettendorf, IA 52722

To find more upcoming events in your area, visit the IFSN "EVENTS" tab at iafamilysupportnetwork.org

If you are a provider and would like your events listed on our website, please contact IFSN at iafamilysupport network@everystep.org. Events may be parenting classes, conferences or other activities that providers and/or families of children ages 0-5 may be interested in attending.

Frozen Fruit Sundae Cones

Ingredients

- Small ice cream cones
- Frozen mixed berries
- Whip cream
- Cherries



** This frozen fruit sundae cone is a fun and healthy alternative for an ice cream treat. Spoon your child's favorite frozen fruit into the cone and add their favorite toppings.

For instructions, visit; <u>Healthy Snack for Kids: Frozen Fruit Sundae Cones</u>

Children at Home Presentations

Our staff are available to present information about the Children at Home program, either in person or through a video feed. To schedule a presentation, please call us at 1-888-425-4371 or send an email to:

iafamilysupportnetwork@everystep.org

Children at Home Advisory Committee Members Needed

Would you like to make a difference in the life of a child with a disability? Children at Home is looking for individuals to join our advisory committee! To learn more or to download an application, please visit: www.iafamilysupportnetwork.org/child ren-at-home/advisory-board

Overwhelmed by childcare expenses? Children at Home can help.

If you have a child with a disability who is living at home and receives care from a registered childcare provider, you may be eligible for financial assistance.

The Children at Home Program has limited funds through June 30, 2023 to help families with childcare expenses. Funds may be used to pay for:

- Full-time or part-time care by a center-based or home-based childcare provider (care that takes place in your own home is not eligible)
- One-on-one care
- · Caretaker education and training that is specific to your child's disability
- · Equipment that is needed for your child to attend
- Equipment that is needed by the provider to care for your child, such as an adult-sized changing table, adaptive stroller, etc.

Contact us today at (888) 425-4371 to see how much funding you could receive.



To apply for these limited funds, you must have an approved Children at Home application on file.