



Baby Bloom

**Saturday,
April 20**
11 am to 2 pm
Valley West Mall
(Center Court)

1551 Valley West Drive
West Des Moines, IA 50266

**Pregnant or have a child under the age of 1?
Need resources for your growing family?
This FREE event is for you!**

- Find out how to get free baby supplies, diapers, car seats, and more!
- Get access to resources like WIC, Hawki (low-cost or free health insurance), transportation and other support.
- Learn how to stay healthy before, during and after pregnancy.
- Learn how to navigate your health and your baby's health when talking to doctors or providers.
- Visit with a nurse. Get free iron and blood pressure checks.
- Free fruits and vegetables provided by Iowa Total Care and Hy-Vee
- Enjoy fun family activities, music, food and prizes!

FREE LUNCH

For the first 200 people

SWAG BAGS

For new and expecting families

WIN PRIZES

Enter to win car seats, gift cards, a stroller and more!

KIDS ACTIVITIES

**MUSIC BY
DJ HOLLYWOOD**



FREE Rides to Baby Bloom

Thanks to our friends at DART, you can ride to Baby Bloom for **FREE!** Take this flyer with you. As you board the bus, scan the QR code at the fare box. The code must be scanned for each adult in your group. Offer is valid for all fixed routes on April 20, 2024 only.

Valley West Mall is located on DART Local Routes 3, 52 and 72. Plan your trip using the MyDART app or Trip Planner on www.ridedart.com or call DART at 515-283-8100.

You can also take a picture of this code, or view it on your phone by visiting www.everystep.org/babybloom

Limited Van Rides Available

There will be limited van rides available for people living in the 50314 and 50316 zip codes. Call 515-558-9972 before April 16 to arrange a ride.



dart



SCAN CODE AT THE FARE BOX ON THE BUS

**Thank You
to Our Event
Sponsors**



iowa total care



Blank Children's Hospital
UnityPoint Health



Primary Health Care
MercyOne
Wellpoint

Presented by:



**Des Moines
Healthy Start
Project**